

CLIFFSIDE PARK PUBLIC SCHOOLS

Office of the Superintendent

THE MUNICIPAL COMPLEX

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Dear Parents:

As you are aware, last week, within our district, several students were sent home with flu-like symptoms. The majority have either returned or are on their way to recovery with no additional complications. To date, we have had one probable reported case of Type A Flu within our district.

According to local and state Health Departments and the CDC (Centers for Disease Control and Prevention) any students with influenza-like illness (fever with a cough or sore throat) are required to stay home from school for five (5) days and must be symptom-free in order to return to school. A Doctor's note is required for a student to return to our schools.

At this time, following CDC guidelines, it is not necessary to close any of our schools. We are disinfecting our schools on a daily basis and you can be assured that we are monitoring the situation and will keep you informed as necessary.

The symptoms of influenza are listed below. If your child is sick, staying home is the most effective way to prevent the spread of germs and illness.

- Fever
- Cough
- Sore Throat
- Body Aches
- Headache
- Chills
- Tiredness
- Vomiting
- Diarrhea

For further information regarding H1N1 influenza please visit the following websites.
www.cdc.gov/flu/swine or www.nj.gov/health.

Your cooperation in this matter is truly appreciated.

Michael J. Romagnino
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