



# Establishing Healthy Routines

Presented by Otise Schuk, LCSW  
CarePlus NJ, Inc.

**Invited Guests:** All Cliffside Park Parents, Region VI Parents (Fairview, Fort Lee, Palisades Park, Edgewater, Leonia, Englewood Cliffs, Englewood, and Ridgefield Park)

**Date:** Tuesday, 10/23/2018  
**Time:** 6:30 PM  
**Location:** Cliffside Park Elementary School #3  
Media Center  
397 Palisade Ave, Cliffside Park

**Please RSVP:** Ms. Bianca Cribeiro at 201-313-2320  
by 10/16



**Cliffside Park Special Education Parent Advisory Group—SEPAG**

Are you a parent or caregiver to a child in the Cliffside Park School District special education program?  
Or have a child receiving extra services? Are you a concerned parent but your child is not currently  
classified?

**Please join us on Tuesday, October 23<sup>rd</sup> at 6:00pm at the Cliffside Park Elementary School #3 Media  
Center 397 Palisades Avenue, Cliffside Park**

**Please RSVP to Michelina Kappmeier at 201-575-1635 by 10/16**

A SEPAG is a **parent run** group that provides input on the policies, programs and practices that impact  
services and supports for classified children within the district.

- What issues would you like to be addressed?
- What topics would you like to learn more about?
- How can we strengthen our existing special education program?