

Cliffside Park Public Schools

GRADE: 11-12

Unit Name: Advanced Nutrition and Culinary Arts				
Duration: Unit 4{8 weeks}	Duration: Unit 4{8 weeks}			
Essential Questions	What are the "Mother Sauces"?			
	What sauces are made from the "Mother Sauces"?			
	What are Souffles?			
	What are Cream Puffs?			
	How does egg white act as a leavening agent?			
	What is are Falafels, and what are the Middle Eastern ingredients used in them?			
	What Sauce is made to serve with Falafels?			



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What are the categories of cakes and their frostings? What is a fondant, what ingredients are used, and how is it applied to the cake? What is the history of the Belgium Waffle in Europe and the United States? How is a Belgium Waffle different from other waffles?	
How does one country from a given continent vary in its cuisine from other countries within the same continent?	



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Enduring Understandings	Identify the "Mother Sauces"	
	Hands-on Lab making Hollandaise Sauce; Bechamel Sauce; Aurora Sauce; Veloute sauce	
	Identify how egg white is used as a leavening agent	
	Hands-on kitchen lab preparing Soufflés and Cream Puffs	



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Hands-on kitchen lab preparing Falafels and Sauce	
The categories of cakes and their frostings Fondant, what ingredients are used, and how is it applied to the cake.	
The history of the Belgium Waffle in Europe and the United States	
How a Belgium Waffle different from other waffles	



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How one country from a	
given continent vary in its	
cuisine from other countries	
within the same continent	
How is a Sautéed Steak,	
Spinach, and Chocolate	
Banana dinner made?	
Identify the categories of	
cakes and their frostings	
Identify a Fondant, what	
ingredients are used, and	
how is it applied to the cake	
Discuss the history of the	
Belgium Waffle in Europe	
and the United States	



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Discuss how a Belgium Waffle is different from other waffles	
Research how one country from a given continent vary in its cuisine from other countries within the same continent; report to the class	
Hands-on lab preparing a foreign dish from the country chosen	



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Hands-on experience preparing a Sautéed Steak, Spinach, and Chocolate Banana dinner.	



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Relevant Standards:NJSLS: 9.3.12 Career Awareness, Exploration & Preparation			
NJSLS: 9.1A; 9.2A; 9.2B; 9.2C 9.2E; 9.2FTechnology:			
21st Century Life and Careers (2014) 9.3.12.HT-RFB.2 Demonstrate safety and sanitation procedures in food and beverage service facilities. 21st Century Life and Careers (2014) 9.3.12.HT-RFB.4 Demonstrate leadership qualities and collaboration with others.			
21st Century Life and Carcers (2017) 3.3.12.111-11 D.F Demonstrate readership quanties and conaboration with others.			



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English Language Arts (2016) RST.9-10.3. Follow precisely a complex multistep procedure when carrying out experiments, taking measurements, or performing technical tasks, attending to special cases or exceptions defined in the text. English Language Arts (2016) RST.11-12.4. Determine the meaning of symbols, key terms, and other domain-specific words and phrases as they are used in a specific scientific or technical context relevant to grades 11–12 texts and topics.

(i.e; NJSLS; NGSS)

Interdisciplinary Connections: ELA, Math, Social Studies, Science

Tier 2 Vocabulary: Analyze. Measure

Tier 3 Vocabulary: Calories, Digestion, Nutrition, Absorption, Cultural, Dough, Chocolate, Lasagne, Cacao Bean, Belgium Waffle, Beverage, Sauce

Core Instructional Materials/Resources/Digital Tools Websites- NJCAN, Kitchen Appliances, Appropriate instructional videos, Textbooks, Hands-on kitchen lab performance

Sources

New Jersey Student Learning Standards (2016) - <u>http://www.state.nj.us/education/cccs/2016/math/standards.pdf</u> New Jersey Student Learning Standards - Technology (2014) - <u>http://www.state.nj.us/education/cccs/2014/tech/8.p</u>



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Career Ready Practices (2014) - <u>http://www.state.nj.us/education/cccs/2014/career/CareerReadyPractices.pdf</u> Pearson enVision 2.0 (2016) - <u>https://www.pearsonrealize.com</u>

21 st Century Themes and Skills:	To apply the standards that apply copy and paste from the link.		
(CRP /NJSLS Standards)	12 Career Ready Practices follow the link below. NJSLS		
	 http://www.state.nj.us/education/cccs/2014/career/CareerReadyPractices.pdf CRP1. Act as a responsible and contributing citizen and employee. CRP2. Apply appropriate academic and technical skills. CRP3. Atten to personal health and financial well-being. CRP4. Communicate clearly and effectively and with reason. CRP5. Consider the environmental, social and economic impacts of decisions. CRP6. Demonstrate creativity and innovation. CRP7. Employ valid and reliable research strategies. CRP8. Utilize critical thinking to make sense of problems and persevere in solving them. CRP9. Model integrity, ethical leadership and effective management. CRP10. Plan education and career paths aligned to personal goals. CRP11. Use technology to enhance productivity. CRP12. Work productively in teams while using cultural 		
8.1 Educational Technology	global competence.		
8.2 Technology Education, Engineering Design, and Computation	http://www.stste.nj.us/education/ccss/2014/tech/8.pdf NJSLS Technology Literacy 8.1A, 8.1B		



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Assessments and Performance Tasks:	Formative: Teacher created individual and group projects	
	Summative: Quarterly assessments, project based, with standards embedded within	
	Alternative: Individually assigned projects based on student's ability and level	

Differentiation/Accommodations/Modifications	
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Gifted and Talented	English Language Learners		Students with Disabilities 504 Plans Students at risk of academic failures	
(content, process, product and learning environment) Debate topics of interest / subject importance. Authentic listening and reading Use of Higher Level Questioning Techniques Differentiation of the	Highlight key vocabulary the Use graphic organizers Modified Assignments Native Language Translation technology, translation de Extended time to complet Differentiation of the pressexpectations Small group work Paired Learning	on (peer, online assistive vice, bilingual dictionary	<pre>(appropriate accommodations, instructional adaptations, and/or modifications as determined by the IEP or 504 team) Such as but not limited to the following: Debate topics of interest / subject importance. Authentic listening and reading Model skills / techniques to be mastered. Extended time to complete class work</pre>	
presentation strategies			Differentiation of the presentation strategies and student expectations	



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and student expectations	Alternative assignments	Small group work	
Small group work	Culturally related project based assignments		
Students present on topic of interest and curriculum related			