

Unit Name: Nutrition and Culinary Arts			
Duration: Unit 3 {8 weeks}			
Essential Questions	What are the two main categories of soups? What are the principles in making stock based and milk based soups?		
	What is yeast? How is yeast used as a leavening agent?		
	What are the principles in using y yeast, and how does it leaven scientifically?		
	What recipes use yeast? What is fermentation, and why is fermentation used intentionally making a yeast dough?		
	What are the various grains used in cookery? What are the parts of a grain, and their nutritional content?		



	What are the baking principles of frostings, and what are their Functions? What are the functions of eggs in cookery, their nutritional value, and parts of the egg? What are the principles of cooking foods that contain compl complete protein, and why? What are crepes, and what is the Their cultural origin? What is a Quiche Lorraine, and w what is its cultural origin?	
Enduring Understandings	Identify the two categories of soups Identify the principles of making stock based and milk based soups Hands-on Participation in making two soups of each category (Caribbean Black Bean; Chicken Noodle; Turkey Corn Chowder; Cream of Broccoli) Be aware that yeast is a fungus, and its many roles in the production of foods and	



beverages in addition to yeast	
dough products	
acago prosecti	
Making yeast doughs for pizza	
and cinnamon buns, and	
following the principles while	
understanding the science behind its leavening function	
beriind its leaverling function	



Relevant Standards:	NJSLS: 9.3.12 Career	Awareness, Exploration & Preparatio	on	
		2B; 9.2C 9.2E; 9.2FTechnology:		
21st Century Life and Careers (2014) 9.3.12.				
21st Century Life and Careers (2014) 9.3.12.		* *		
English Language Arts (2016) RST.9-10.3. F	ollow precisely a complex	multistep procedure when carrying ou	t experiments, taking	
measurements, or performing technical tasks, a	2 1	•		
English Language Arts (2016) RST.11-12.4.	Determine the meaning of	symbols, key terms, and other domain	-specific words and phrases as they	
are used in a specific scientific or technical cont	ext relevant to grades 11–	12 texts and topics.		
(i.e; NJSLS; NGSS)				
Interdisciplinary Connections: ELA, Math, Social Studies, Science				
1 3	,			
Tier 2 Vocabulary: Analyze. Measure , Evaluate				
Tier 3 Vocabulary: Calories, Digestion, Nutrition, Absorption, Wok, Stir Fry, Yeast, Soup, Quiche Lorraine				



GRADE: 9-10-11-12 Subject: Nutrition and Culinary Arts

Core Instructional Materials/Resources/Digital Tools

Websites- NJCAN, Kitchen Appliances, Appropriate instructional videos,

Textbooks

Sources

New Jersey Student Learning Standards (2016) - http://www.state.nj.us/education/cccs/2016/math/standards.pdf New Jersey Student Learning Standards - Technology (2014) - http://www.state.nj.us/education/cccs/2014/tech/8.p Career Ready Practices (2014) - http://www.state.nj.us/education/cccs/2014/career/CareerReadyPractices.pdf Pearson en Vision 2.0 (2016) - https://www.pearsonrealize.com

21st Century Themes and Skills:

To apply the standards that apply copy and paste from the link.

(CRP /NJSLS Standards)

12 Career Ready Practices follow the link below. NJSLS

http://www.state.nj.us/education/cccs/2014/career/CareerReadyPractices.pdf CRP1. Act as a responsible and contributing citizen and employee. CRP2. Apply appropriate academic and technical skills. CRP3. Attend to personal health and financial well-being. CRP4. Communicate clearly and effectively and with reason. CRP5. Consider the environmental, social and economic impacts of decisions. CRP6. Demonstrate creativity and innovation. CRP7. Employ valid and reliable research strategies.

CRP8. Utilize critical thinking to make sense of problems and persevere in solving them. **CRP9.** Model integrity, ethical leadership and effective management. **CRP10.** Plan education and career paths aligned to personal goals.



	CRP11. Use technology to enhance productivity. CRP12. Work productively in teams while using cultural global competence.	
8.1 Educational Technology	http://www.stste.nj.us/education/ccss/2014/tech/8.pdf	
8.2 Technology Education, Engineering, Design, and Computation	NJSLS Technology Literacy 8.1A, 8.1B	
Assessments and Performance Tasks:	Formative: Teacher created individual and group projects	
	Summative: Quarterly assessments, project based, with standards embedded within	
	Alternative: Individually assigned projects based on student's a	ability and level



Differentiation/Accommodations/Modifications				
Gifted and Talented	English Language Learners		Students with Disabilities 504 Plans Students at risk of academic failures	
(content, process, product and learning environment) Debate topics of interest / subject importance.	Highlight key vocabulary the Use graphic organizers Modified Assignments Native Language Translation de	on (peer, online assistive	(appropriate accommodations, instructional adaptations, and/or modifications as determined by the IEP or 504 team) Such as but not limited to the following: Debate topics of interest / subject importance.	
Authentic listening and reading	Extended time to complete	e class work	Authentic listening and reading	



Use of Higher Level Questioning Techniques	Differentiation of the presentation strategies and student expectations	Model skills / techniques to be mastered.	
Differentiation of the presentation strategies and student expectations Small group work Students present on topic of interest and curriculum related	Small group work Paired Learning Alternative assignments Culturally related project based assignments	Extended time to complete class work Differentiation of the presentation strategies and student expectations Small group work	