# Rising Hopes: The Covid Vaccines

Weiwei Qiu

The Covid-19 Vaccine will have people talking for months, maybe even years to come. This heavy topic that has been buzzing in people's minds ever since lockdown first began. As you may know, Pfizer and Moderna have both come out with separate COVID-19 vaccines. These two companies have raised hopes in the U.S. and around the world after announcing promising results from their vaccines. Johnson and Johnson is hoping to have their vaccine approved shortly.

The Pfizer vaccine needs 2 doses and storage at -70°C or below, which is colder than winter in Antarctica. Due to this requirement, it is quite a challenge to distribute it to places with tropical weather. It is 95% effective. Pfizer plans to have 200 million doses of the vaccine to be delivered by July 31, 2021.

On the other hand, Moderna is only stored between -25°C to -15°C and below, which is near the temperature of a regular freezer. It's also stable for 12 hours at room temperature. The 94% effectiveness in the vaccine sparks new hopes, as Moderna has also claimed that the vaccine should protect against COVID for at least a year.

The Johnson & Johnson Vaccine only needs one dose and is estimated to be 66% effective. J & J is currently attempting emergency use authorization from the FDA. Alongside that, the company's experts expect to be able to ship the J & J Vaccine immediately after authorization.

People hope that these vaccines will finally bring an end to this pandemic and the hope that the world will again have some normalcy.

## Socially Distant Compliant Valentine's Day

Logan Yoon

With COVID-19 still raging, people wanted to celebrate Valentine's Day. There were many ways to have celebrated Valentine's Day while being Socially Distant Compliant! One very popular and easy method was to use a video calling feature

like Zoom to contact family and loved ones. Alternatively, Google Meet was used. People also visited loved ones outdoors and stayed 6ft apart to visit with them. If meeting wasn't possible, then gifts of flowers, candy, and other Valentine gifts were sent.

## Books to Read During Quarantine





Looking for something to do during the quarantine? Try reading some of the books below. Not only is reading good for you, but these books could keep you entertained for hours!

To Kill a Mockingbird- This book dives deep into discrimination, injustice and love. The themes are similar to the problems we have today in the world. It's also a great coming-of-age story.

Lord of the Flies- This novel represents so many things at once. It teaches us about the defects of society and human nature. It symbolizes leadership, democracy, savagery and civilization.

<u>Harry Potter</u>- This is a really great series to read. It explores the theme of love, friendship, facing your fears and so much more. Not only that, but you'll find yourself turning each page with fascination.

1984- This book is supposed to take place in the future, where the world has fallen into war and denialism. This book warns us about the dangers of using language and propaganda to control citizens.

Animal Farm- From the same author of 1984, this book is about a group of animals trying to be free and equal from their human farmer. This book stands for society, and it's a great read.

The Catcher in the Rye- This is about a 16-year old boy who has been expelled from his school. This is a classic and it explains about angst and alienation.

## The Horrendous Break in of The U.S. Capital

Argita Idrizi

On January 6th, over 1,000 people stormed the U.S. Capital. Alleged Pro-Trump protesters broke into the Capitial and were extremely distructive. They were outraged since they believed that the election was a "fraud", so they began to protest and riot. Also, the protestors fought against the ceremonial counting of the electoral votes that would confirm President-elect Joe Biden's win. It all began around 1pm when the rioters pushed through the barriers set up along the Capital. They began to tussle with officers in full riot gear. Some even yelled at the officers and called them "traitors". Soon, the protestors got into the Capitol Building by breaking a window and jumping through it. Some rioters took pictures of themselves running around and even in the Speaker of the House, Nancy Pelosi's office. The Senate was ordered to evacuate after officers informed them that rioters had broken into the Capital. They were also ordered to stay as far away from windows and doors as possible because of the shooting outside. The Senators were only able to text their loved ones that they were safe. The officers took the boxes of the electoral votes to a safe location. Little to no rioters were left in the Capital and Senate floor after 3:30pm. Dozens of officers were injured and even one passed away due to their injuries. Four rioters died and one even got shot after this madness. Currently, the FBI is still trying to find everyone that was involved in the rioting. They are also starting to refer to the rioters as domestic terrorists now after all the destruction and terror they caused. Over, 60 people have already been charged and arrested.

Staff

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# Origins of Valentine's Day

Logan Yoon

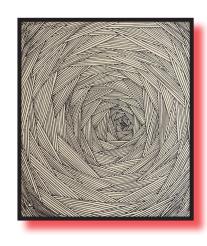
Valentine's Day celebrated on the 14th. One legend says that Valentine's Day originates from the legend of Saint Valentine, a priest from Rome who was jailed for helping Christians being persecuted. In the legend, he was interrogated by the current Emperor then, Claudius II. He tried to convert him to Roman paganism, the official religion of Rome. He refused and tried to convert Cladius to become a Christian instead. So he was ordered to be executed. Before he was executed, he is reported to have performed a miracle by healing the blind daughter of his guard. This caused his forty-six member household to get baptized. Another legend says that Valentine's Day originated from an attempt by the Christian church to "Christianize" the Pagan holiday of Lupercalia. Unlike the legend of Saint Valentine, Lupercalia was a holiday which focused around love and fertility, which is relevant to Valentine's Day.

Today, Valentine's Day symbolizes romance and love. Now that we know some of the possible origins for Valentine's Day, it is interesting how polar these legends are, in both their story and meaning.

## Let's Start 2021 Off the Right Way

#### Matthew Brodsky

I think we can all agree that 2020 was a year like no other and has changed us all in one way or another. As we start 2021, we can look at ourselves and think about what we lost or gained. Hopefully, we can start getting back to our regular routines and schedules. All in all, we should be grateful for all we have and we should remember 2020, because 2020 has truly tested the human mind.



Trena Avalos



Trena Avalos

### The Academies at CPHS

#### Anna Bergelson

Cliffside Park High School has three academies to offer to students who want to pursue more rigorous and challenging courses. These programs include the Humanities Academy, the STEM Academy, and the Academy of Culinary Arts.



#### The STEM Academy:

This is an academy for students who have an interest in science, technology, engineering, design, and mathematics. Students with an interest in a distinct area can specialize in one or more of these subjects.



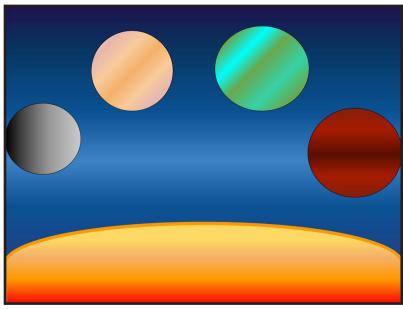
#### The Humanities Academy:

This is a suitable academy for students who enjoy research, history, and political science. Students will conduct research throughout high school focusing on a specific area of study.



### The Academy of Culinary Arts:

This is a great choice for students who want to pursue a career in culinary arts. This academy will sharpen students' skills by allowing them to engage in hands-on experiences.



Joleen Kattoura

### Life After 2020

Sahir Baksh

Even though 2020 ended, you would have thought that life would go back to normal Unfortunately, life in the near future won't be the same as it was before 2020. One thing that is going to be different is we no longer will have handshakes. Due to the COVD-19 pandemic, we had to take some precautions and social distance. When COVID-19 does end and people start getting back together, people may unintentionally social distance and may continue to wear masks more often. Even when the coronavirus ends, remote/hybrid learning will most likely stick around. Although most parents want their children to go back to face to face school, some are still not sure if it is safe enough to send their children back.

## The Newcoming Administration

Arhaan Gandhi

We have a new President of the United States. How exciting is that? This administration has started by passing laws about immigration, Covid-19 and much more. The Biden Administration has given us hope that America will persevere through tough times and we will get stronger together. Since the first day of office, the POTUS has been confident that we can and will treat Covid in the right ways. Biden plans to have 100 million people vaccinated in 100 days. We have lost many lives this year because of Covid-19 and our President and the country needs to grieve. They placed nearly 200,000 flags at the National Mall on Inauguration Day which represented how many U.S. lives were lost due to Covid-19. Biden's plan for immigration advance includes making it easier to obtain citizenship. I believe in our president. Let's hope we go back to our normal daily lives with the help of our new POTUS.