

## Productive At-Home Activities to Do in the Summer

Sienna Jorge & Kyara Jorge

During the summer, it is easy to feel as though the whole day has gone by, stuck on the phone, with no interaction. You might even feel overwhelmed by the amount of things you could do. When presented with multiple possibilities during the summer, it is hard to choose an activity, leaving one procrastinating or scrolling on social media. This is why we have come up with a list of activities most anyone can do. It will help you feel productive and be beneficial towards your mental well being. The list ranges from spending time alone, or hanging out with your friends.

### Clean your room

-Yes, this is for you. We are sure 50% of the school's population procrastinates on room cleaning.

### Self Care Day

-Use your favorite skincare products. Pamper yourself by using multiple products at one time. For example, leave a hair mask on while giving yourself a mani-pedi.

### Delete Photos

-As someone who recently just reached 63.7 Megabytes out of 64 Megabytes, make sure to go through your screenshots often and delete mindless things you thought were funny at the moment.

### Crafting

- Try a new craft idea. Amongst many trending ideas are jewelry making, Perler bead sculptures, or origami. Trying out new things can help you find something you're really interested in.

### Summer Treats

-Make random popsicles or smoothies using fruits and tiny treats like oreos. Maybe you'll end up with cookies and cream shake.

### Art

-Paint a wall. (Ask your parents for permission!) Find a picture or use your inspiration in order to create a design you won't regret. Remember it's going to be there for a long time. A tip is to use acrylic paint. Chances are you won't need a whole gallon for one color. Use variety and while you're at it, try new art techniques.

### Hang Out

-If your friends are free, stream a movie and watch it together through an app. There are many websites, apps, and games that allow one to socialize with friends while simultaneously playing or watching something together virtually.

### Studying

-Last but not least, you may not like it but, study. If you forgot important information learned throughout the past year of school, go through your notebooks and take notes to remind yourself and refresh your mind on the topic.

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## The Ultimate Guide to Survive 8th Grade

Linoy Rabinovitch

1. Set a schedule for yourself and stay organized to avoid stress.
2. Try getting a head start on the curriculum over the summer.
3. Set healthy habits for yourself like finding a specific time each day for homework.
4. Explore careers so that you can create goals for yourself early.
5. Don't be afraid to approach new people.
6. Join a sport, you will meet a lot of new people who you may become friends with.
7. Join clubs: debate, drama, media, student council, or any other club you may be interested in.
8. Get sleep (at least 8 hours).
9. Don't start homework late because you will regret it the next morning when you can't stay awake.
10. Explore your hobbies.
11. Don't be afraid to talk to an adult about school work, your social life, or anything else that is troubling you.
12. Don't be too hard on yourself.



# How to Prepare Yourself for Next School Year

Brooklyn Pak

Your alarm wakes you up and that's when it hits you. It's the start of summer break and you finally have a couple months to relax. But, maybe your mind is too busy worrying about how school will go when the break is over, whether you're going into high school or 8th grade. How can you prepare yourself?

## Going to 8th Grade

8th grade may seem scary to 7th graders, with high school just around the corner, interviews, wrapping up middle school life, etc.

**Here is some advice from our 8th graders:**

*"Just be ready for the work to get harder, especially if you're going to take honors classes."*

**- Logan Yoon**

*"My main tip would be to separate yourself from your academic grades and instead happily coexist with them. Know that your validation or worth has nothing to do with your grades. An academic tip that crosses over socially: try to find someone with good notes in each class that you trust with to share notes with when one of you are out."*

*"Socially, I would say not to force friendships. Either way, the best friendships are formed naturally, whether your friend introduces you to their friend, or it's the person who is sitting next to you."*

**- Sienna Jorge**

## Going to 9th Grade

You're leaving middle school now and moving on to high school. It's a big step forward and in order to take that step, you need to be in the right shoes.

**Here are some tips:**

1. Study hard, but not too hard. Studying is always beneficial as long as they are done in the right quantities. Studying for hours upon hours can be bad for your health and is stressful.
2. Try participating in extracurricular activities. It isn't a necessity, but it can help add some action in your life. Sports are a fun way to stay healthy. Sports also help you work on your communication skills. Things like coding classes can also be nice to take as it expands your knowledge!
3. Don't let the years slip by. Although it's important to have fun during your high school years, take a moment every now and then to catch a breather and evaluate your position.
4. Attempt making lots of dependable friends and try to stay away from groups who may influence you in bad ways. Peer pressure is real and scary but it's for the better to avoid it.

# Burger King Whopper and False Advertising

Sahir Baksh

Early in April, Burger King received a lawsuit for false advertising of their Whoppers. According to customers it appears that Whoppers are smaller than what is being advertised. This means that Burger King is advertising their products in a wrong way, tricking their customers into purchasing a product that is not what they advertise. People are claiming that ads show the Whopper as 35% larger than the Whoppers they actually receive. A South Florida lawyer filed a lawsuit against the company. The lawyer is representing anyone who bought something from the Burger King menu that was based on false and misleading advertising. At this time, nothing has yet reached the courts.



# Summer Book Recommendations

WeiWei Qiu



Artwork: Lana Mehetarian

If you do not like “normal” reading, as in reading by using a physical book, there is a chance you could be someone who would love audiobooks. Personally, I am one of those people. I like reading but sometimes I just can’t focus when doing so. If you have the same problem, I recommend audiobooks as a great alternative. Especially if you want to multitask or just read for hours on end without straining your eyes. If you are interested, you can sign up for OverDrive using your library card and or download the Libby App. If you do not have a library card, you can sign up for one for free online, or at the Public Library. You can also get completely free audiobooks at LibriVox.com or by downloading its app.

## “The answer to life, the universe, and everything is 42.”

Believe it or not, that is an actual quote from *The Hitchhiker’s Guide to the Galaxy*, by Douglas Adams. Although to be honest, I have not yet finished reading this book. Nevertheless, from what I have read so far, it is very interesting. This novel has a movie adaptation and is part of a “trilogy of six books.” I especially recommend this book to those who are interested in Sci-Fi and or comedies.

## “In the interest of full disclosure, I stole baby Jesus, and it was definitely to mess with Bronwyn.”

Weird quote, right? Trust me, it makes more sense in context, so you should read the book if you want to find out more. This novel has a TV series and a sequel. Personally, *One of Us is Lying*, by Karen M. McManus was not my absolute favorite book. My cousin even told me that she thought it was “good, but the romance was unnecessary.” Nevertheless, I recommend this novel to those who like the Drama or Mystery/Crime genre.

## “I don’t want to be at the mercy of my emotions.”

In the 1890 novel, *The Picture of Dorian Gray*, by Oscar Wilde, you investigate the human want of immortality and the narcissistic actions of others. Also, maybe, just maybe, a character dies. This novel is one of the first classic novels I have ever read, so I recommend it to those who are interested in

classic literature, the topic of immortality and or the Gothic/Philosophical fiction genre.

## “Peace was no longer an option. Because now Rangi was here.”

If you have never watched the *Avatar: The Last Airbender* TV show, you should if you want to fully understand this book. In *The Rise of Kyoshi*, by F. C. Yee, you get a glimpse into the early life of Kyoshi, a former Avatar that died at the age of 230. This novel has a sequel, and more books to come. I recommend this novel to those who are fascinated with reincarnation and or enjoy the Fantasy Fiction genre.

## “All animals are equal, but some animals are more equal than others.”

This novel, you probably will read in 9th grade. *Animal Farm*, by George Orwell has a movie adaptation and is the retelling of the Russian Revolution of 1917 “disguised” as a story of talking animals on a farm. Quite frankly, it was odd to have talking animals as characters, yet simultaneously, I was really fascinated. I recommend this book if you are interested in Dystopian Fiction, fables, allegory or classic novels.

## “So, I guess we are who we are for a lot of reasons. and maybe we’ll never know most of them.”

I read this book during quarantine and I do not remember all that happens in *The Perks of Being a Wallflower*, by Stephen Chbosky. What I do remember however, is that it was a great book, is considered a “modern classic” and has a movie adaptation. I recommend this novel to those interested in modern novels, books that discuss other books, and the Coming-of-age story genre.

If you do not find any of my re-commendations interesting, or want more genres of novels, you should search up “whatshouldireadnext” or “whichbook.net” on google. These are websites that I believe could greatly assist you in finding books for the summer or for whenever you’re in the mood to read. However, if these websites also do not benefit you, you can always ask your ELA teacher.

# Yearbook Spirit Week

Brooklyn Pak

Yearbook Week took place from April 25-29th. It was an opportunity for students to win a free yearbook by participating in the daily activities. Every day that you participated, your chance of winning would increase. The winner of a FREE yearbook for participation in Yearbook Week was Berru Ulengin.

**Monday-** Wear something to represent your culture; "Culture Day"

**Tuesday-** Dress in as many colors as you can; "Dress in Colors of the Rainbow"

**Wednesday-** Wear your favorite shades for the day; "Sunglasses Day"

**Thursday-** Wear something floral/tropical shirt/straw hat. Get something festive in return!; "Hawaiian Day"

**Friday-** 7th graders wear black and 8th graders wear red; "Battle of the Classes"

# Final 8th Grade Send-Offs!

Dionysia Diakomihalis

As the school year begins to narrow down to the very last day, 2022's eighth grade class is in for many celebratory events. To provide closure and some fun, the Middle School is hosting an 8th Grade Dinner Dance at Villa Amalfi on June 9th. \$50 for dinner, dessert, a DJ, and a wonderful night with friends. The 8th Grade graduation will take place on the last day of school, June 24th. 8th grade students will be dressed in their red gowns, to officially say good-bye, and hello to the next four years of their lives. Furthermore, after four marking periods of dedication and hard work, the candidates for National Junior Honors Society were inducted as an official member on May 2nd. The 8th grade class has many events to look forward to.



Artwork: Catharina Santana

CONGRATULATIONS TO THE  
CLIFFSIDE PARK MIDDLE SCHOOL

CLASS  
of 2022

## School Year Q&A

Brooklyn Pak

### Q: What did you think of 7th grade?

"I think 7th grade was a good year and it was easy going."

- Adriana Brito

"I think 7th grade was a remarkable year with this pandemic going on."

- Lindsey Park

### Q: Are you looking forward to 8th grade?

"Yeah, I'm looking forward to it. It has so many more opportunities like the dinner dance."

- Adriana Brito

### Q: What did you think of 8th grade?

"Eighth grade was nice, especially getting to experience middle school without virtual learning."

- Logan Yoon

### Q: Are you looking forward to 9th grade?

"Yes, I am very excited for ninth grade. I will be attending at Bergen County Academies, so I can't wait to see what I will be doing there next year."

- Logan Yoon

## Summer Fun!

Dionysia Diakomihalis

Summer is quickly approaching for some fun and relaxation. According to the CDC, 60.5% of the U.S has at least one dose of the COVID-19 vaccine and cases have been down by 89.0%. These are signs that point to a safe summer. and may hopefully open many doors to revisit pre-pandemic summer activities. According to the *Vacationer*, compared to last summer, travel rates are up to 81% for summer 2022. Vacationing anywhere from the Dominican Republic to coasts of the Mediterranean will be the summer getaways for many, possibly even you! Back in the States, summer will be filled with driving down to the Jersey shore, sunburns, bike rides, and the sounds of laughter with friends. However you spend your summer, make sure to make the most of it since it will be the closest to one since 2019!

Thank You  
CLIFFSIDE PERSPECTIVE NEWSPAPER STAFF  
Job Well Done

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