

Parent Information for Athletics

In order to make our athletic programs successful we need to have good communication between parents and coaches. The following are some general rules that apply to all sports.

- Students must have a doctor's physical before they can practice in any sports. A student's physical is good for one year from the date of the physical. We will have physicals offered here at C.P.H.S. before each sport season. You may bring your student/athlete to your own physician, but you must use the physical form required by the state. These forms along with permission slips are available in the main office, nurse's office and the athletic director's office.
- When your student/athlete makes a commitment to one of our sport teams, he/she is expected to attend all team functions (practices and games) and be responsible for any equipment issued to them and return it at the end of their season.
- You can obtain updated sport schedules at the following web site:
<http://highschoolsports.net> – click on New Jersey – click on Cliffside Park High School. You can also sign up for e-mails to let you know when an athletic event has been postponed or canceled. You can also get general directions to away contests at this web site.
- You can also contact coaches via E-mail or by visiting our School District website, **cliffsidepark.edu** and selecting **Athletics**.
- Student/athletes must maintain good academic grades in order to participate in sports. These standards are set by the N.J.S.I.A.A. that all schools must adhere to. Student/athletes are expected to follow all rules and regulations set forth by the Staff and Administration of Cliffside Park High School.
- Student/athletes will exhibit the highest level of Sportsmanship.
- **Parents should feel free to contact the Athletic Director to discuss any concerns they may have.**

If you have any questions concerning athletics please contact the Athletic Director's office at 201-313-2377. jtaibi@cliffsidepark.edu