

CLIFFSIDE PARK HIGH SCHOOL
SPRING TRACK AND FIELD
2010

Coach: Lindsey Reggo
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THUR.	4/1	@	RIDGEFIELD V.S. QUEEN OF PEACE
TUE.	4/6	@	DWIGHT MORROW
SAT.	4/10		LEAGUE RELAYS @ TENAFLY 10AM
TUE.	4/13		FORT LEE @ WESTWOOD
FRI.	4/16		COUNTY RELAYS @ RIVER DELL
SAT.	4/17		COUNTY RELAYS @ RIVER DELL
TUE.	4/20		TENAFLY/DUMONT @ RIVER DELL
THUR.	4/22		PENN RELAYS
TUE.	4/27		RIDGEFIELD PK. @ RUTHERFORD
FRI.	5/7		LEAGUE MEET @ RIVER DELL 4PM
TUE.	5/11		NOVICE MEET @ RIVER DELL
FRI./SAT.	5/14-15		COUNTY MEET @ OLD TAPPAN
TUE.	5/18		SOPH MEET @ RAMSEY
WED.	5/19		FROSH BOYS @ RAMSEY
THUR.	5/20		FROSH GIRLS @ RIDGEWOOD
FRI./SAT.	5/21-22		STATE SECTIONAL @
FRI./SAT.	5/28-29		STATE GROUP @