

CLIFFSIDE PARK HIGH SCHOOL
WRESTLING
2009-10

HEAD COACH: MARC CABRERA

ASST. COACHES: MIKE SPIRITO / CHARLIE O'HANLON

SAT.	12/19	BAYONNE TOURNAMENT	
WED.	12/23	HOME VERSUS LAKELAND 5PM	
TUE.	12/29	J.V. TOURNEY @ RIDGEFIELD PK.	
TUE.	12/29	BCCA TOURNAMENT	
WED.	12/30	BCCA TOURNAMENT	
SAT.	1/9	@ DUMONT /N. BERGEN/PASSAIC 12pm	
WED.	1/13	HOME VERSUS FORT LEE	
SAT.	1/16	@ WEST ORANGE / NUTLEY / KEARNY 10am	
WED.	1/20	HOME VERSUS TENAFLY	
SAT.	1/23	@ BECTON / HAS. HEIGHTS / RIDGEFIELD PARK	
TUE.	1/26	@ BLOOMFIELD 5:30PM	
WED.	1/27	HOME VERSUS RIVER DELL	
SAT.	1/30	@ BERGENFIELD / QUEEN OF PEACE 10AM	
WED.	2/3	HOME VERSUS WESTWOOD	
SAT.	2/6	HOME V.S. RUTHERFORD /BAYONNE/ UNION CITY	
WED.	2/10	@ ST. BENEDICTS	
FRI.	2/12	HOME V.S. SECAUCUS 5PM	
SAT.	2/13	RED RAIDER J.V. TOURNAMENT	
FRI.	2/19	DIST. TOURNEY @ NORTH BERGEN	
SAT.	2/20	DIST. TOURNEY @ NORTH BERGEN	
2/23	2/26	2/27	REGION TOURNEY @ WEST ORANGE
3/5	3/6	3/7	STATE CHAMPIONSHIP ATL. CITY